

6.1.4 - Leader-Directed Programs and Services

Standard: The agency shall offer leader-directed recreation opportunities that provide recreation opportunities where participant involvement is directed by a leader, including skills instruction classes. Examples include tennis, crafts, dance; synchronized swimming performance; creative dramatics for children.

Suggested Evidence of Compliance: Provide examples of how the agency provides leader-directed recreation opportunities, including a list of such opportunities.

Informational reference in the *Management of Park and Recreation Agencies*, (2010), 3rd Ed., Chapter 9 – Program Services and Event Management, p. 161.

Agency Evidence of Compliance:

The Park District of Oak Park offers a wide variety of leader-directed recreation opportunities. These programs are run by a skilled leader to assist participants with their recreation experience. A quarterly brochure of program offerings is distributed to each household in Oak Park and are also available on the Park District's website. Examples of leader-directed programs include:

- Athletics classes (tennis lessons, soccer camps, instructional youth sports classes, etc.)
- Athletic leagues
- Fitness classes (strength training, cardio, Zumba, water fitness, etc.) and personal training
- Preschool
- Day camps
- Afterschool programs
- Ice skating and ice hockey instruction
- Swim lessons
- Book club for seniors

Additional current program offerings can be found on the Park District's website at <http://registration.pdop.org>.

Agency Self Review: MET
